

Ellerhorst Student Council Holiday Food Drive

November 7-December 8



Recommended Items

- natural peanut butter
- chicken or tuna in water
- beans or lentils (dried or canned)
- rice
- pasta
- whole grain cereal
- low-sodium canned vegetables
- canned tomato products
- hearty low-sodium soups
- canned fruit in juice
- non-perishable ready-to-eat meals (chili, ravioli, etc.)

NO GLASS PLEASE!

